

Prescott Community Center

2024 SPRING/SUMMER CATALOG 978-877-6933 | prescottscc.org

Prescott Community Center



About Us

The Friends of Prescott, Inc. is a 501(c)3 non-profit organization that promotes and supports community education, arts, and recreational programming for all ages, and creates gathering spaces for nonprofit, forprofit organizations and individuals alike while preserving a historic town asset, the Prescott School.

Office Staff

Executive Director - Megan Donovan Office Coordinator - Elizabeth Sawyer Programming & Marketing Manager - Jessica Larrabee Registrar - Laurie Sabol Maintenance - Alan Dufresne

Office Hours

Monday - Friday, 9am to 12pm

Contact Information

145 Main Street, #104Groton, MA 01450978-877-6933connectwithus@prescottscc.org



Follow up on Facebook and Instragram for the latest on programming, news and events.



Cover Art

"Hope & Love" by Dana Haigh

It's an Alcohol Ink piece Dana donated to a fundraiser for Newhouse Wildlife Rescue. It's one of their rescue foxes named

Hope and one of the kits she adopted while at the rescue. It's a beautiful story with a happy ending. All the proceeds Dana makes off of the print are donated to Newhouse Wildlife Rescue. Dana Haigh has been creating Art for over 30 years. She recently discovered a love affair with watercolor, a growing fondness for acrylics, and a passion for alcohol inks; the delicate florals and abstract fluidity she creates evoke the beauty of nature, while the silhouettes present in her work represent the human connection to the natural world. Dana is an alcohol inks instructor at PCC and sells her art through shows and her website, **dhaigh.artspan.com**.

>> How to Register

You can register online or in-person.

Online: To register online you must create an account. Go to prescottscc.reg.eleyo.com and click Sign In. Once you create your account, you can add any family members who you will enroll in classes. Don't forget to add emergency contact info for all family members. Click Explore All Programs to find classes.

In-Person: Visit our office during office hours (M-F, 9am-11am) and we will help you register online. Please bring cash, check, or credit card to pay for the program.

You will receive a confirmation email immediately upon registration and a reminder two days prior to the class. Your instructor might also email you with details specific to your class.

>> How to Become an Instructor

If you are interested in teaching a class, workshop, or seminar please reach out to our Programming Assistant at programming@prescottscc.org. Please send a short description on the proposed program you would like to offer and when you would like to offer it (season, time of week, how often).

>> How to Volunteer

Every little bit of your volunteering time will help in a big way. There are plenty of opportunities to choose from to match your skills, interests, and availability. We are always looking for instructors, office support, building maintenance, event staff, commitee members, and more! If you are interested please reach out to our Office Coordinator at office@prescottscc.org or visit prescottscc.org/volunteer/.

>> How to Donate

The Friends of Prescott, Inc. is a 501(c)3 non-profit organization. Every dollar made goes right into running and preserving the Prescott Community Center as a central place to gather, rent, and educate. All donations are tax-deductible. If you are interested in donating please reach out to our Office Coordinator at office@prescottscc.org or visit https://prescottscc.org/donate.

FINE ARTS & CRAFTS

Drawing

Drawing Foundations for Adults

Robert Clark

In this course, you will learn, practice, and enhance your basic drawing skills. The instructor will work with individuals to integrate the concepts of lines, shapes, proportions, values, perspectives, texture, objects, and composition into their works. We will draw together and learn from each other. All levels are welcome, especially beginners.

4 Tuesday | May 28-Jun 18 | 10:00 AM-12:00 PM Prescott | \$90 | Age 18+

Digital Arts

Create a Memory Video with a Cell Phone or Tablet *Paul Sarapas*

Just about everyone has a smartphone or tablet which can be used to get high-quality photographs or videos. In this class, you will learn how to create short videos of your memories from travel or family life using your smartphones or tablets and share them with friends or post them on social media!

Thursday | May 29 | 7:00-9:00 PM | Prescott | \$25 Age 18+

Crafts

Intro to Sewing

Catherine Karp

Maybe you are rusty and need a refresher, maybe you have a machine and you've never used it. Maybe you have ideas for things to make but you need a little help. Bring your sewing machine with you and get the support you need to feel comfortable working on your own. Learn to thread your machine and change the bobbin with confidence. Over the course of this class you will have a choice of projects where you can learn to make a drawstring bag, a zippered pouch, a market tote, and even simple clothing. Students must bring their own sewing machines and sewing supplies to class. 6 Mondays | Apr 29-Jun 10 | 6:30-8:00 PM | Prescott \$225 | Age 12+



Painting

Beginner Watercolor Painting

Beth Smith

Learn the basics of watercolor painting in this beginner class. No experience necessary. This course will focus on getting comfortable with watercolor techniques and enjoying the process of painting. The basics of color mixing, value, composition and use of materials and tools will be covered. Through guided instruction and a step by step guided demonstration process, together we'll paint simple landscape subjects. This will allow you to learn this wonderful medium in a fun and supportive environment. 5 Mondays | Apr 8-May 13 (No class Apr 15) 1:00-3:00 PM | Prescott | \$140 | Age 18+

Watercolor Painting: the Next Step

Beth Smith

This course is for students that have taken my beginner watercolor class or have basic watercolor skills. The course will build on the basics of color mixing, composition, value and watercolor techniques. Through guided instruction and a step by step demonstration process, together we'll paint various subjects. This will allow you to grow your skills in a fun, supportive environment.

5 Tuesdays | Apr 9-May 14 (No class Apr 16) 10:00 AM-12:00 PM | Prescott | \$140 | Age 18+

Watercolor Painting Studio

Beth Smith

This course will help students execute paintings of their own subject matter. Guidance and critique from the teacher will focus on composition, color mixing, value and technique. Students will use photos to develop their own painting style. This course will allow students to grow their skills in a fun, supportive environment. Some watercolor experience is necessary.

Tuesday | Jun 18 Tuesday | Jul 16 1:00-3:00 PM | Prescott | \$28 | Age 18+

Art Workshops

Visible Mending

Catherine Karp

In a movement against throw away culture and fast fashion, learn how to pick up a needle and rediscover forgotten techniques and the joy of mending. Visible Mending encourages you to be less wasteful, make your clothing unique, and reuse and renew the clothes you love. In this workshop you will learn embroidery stitches, darning, patching and Sashiko to mend your clothes and turn them into unique works of art.Reinforce ripped, torn, damaged areas with decorative stitches. Demystify mending techniques and discover how these can be easily applied to old items to give them a fresh look.

Wednesday | Apr 10 Wednesday | May 22 6:30-8:00 PM | Prescott | \$40 | Age 12+



Outside Photography

Kathy Santos

Let's get outside and practice taking interesting photos! We'll walk around Groton Center as a group, picking subjects, discussing ways to shoot them, and then spending some time experimenting with different shots. I'll provide a place online where you can upload your photos afterward, and see what images other people took.

Saturday | May 11 | 9:00-11:00 AM | Prescott/Off-Site \$30 | Age 16+

>> Several classes may require you to purchase materials or pay a material fee. Visit the class listing online to see what the class requires.



Painting Scarves with Alcohol Inks

Dana Haigh

Join us to paint silk scarves with alcohol ink! Dana Haigh will teach techniques to make vibrantly patterned scarves using inks and isopropyl alcohol. Everyone will create two scarves of their own to take home. No experience necessary!

Wednesday | Jun 5 | 6:00-8:00 PM Prescott | \$40 | Material Fee \$30 | Age 16+

Photography Composition Workshop

Kathy Santos

In this class, you'll learn how to turn your ordinary snapshots into great photos! We'll discuss the rules of composition, how to use light, and how to expand your vision past the apparent first shot. We'll look at examples of well-made images, discuss their uniqueness, and how to use this information to improve your photographic skills.

Thursday | Apr 25 | 6:30-8:30 PM| Prescott | \$30 | Age 16+

Introduction to Alcohol Inks

Dana Haigh

In this workshop, Dana Haigh will introduce the Alcohol Inks medium to create paintings of free flow of expressions. Alcohol inks are fast-drying and highly pigmented. They flow freely over any non-porous surface and have a mind on their own, allowing for a liberating approach to art and unexpected, spontaneous results. If you are open to just having fun and "going with the flow", this is the medium for you to explore.

Wednesday | May 15 | 6:00-8:00 PM | Prescott | \$40 Material Fee \$35 | Age 16+

FITNESS & DANCE

Exercise

Mindfulness Pilates with Courtney

Courtney Sowder

Mindfulness Pilates is a 50 minute beginner's oriented Pilates Practice. For six weeks, we will focus on learning the principles of Pilates, the essential mat work, and create mind body awareness. You can take Mindfulness Pilates as many times as you need to build strength, improve posture, and relieve stress.

6 Tuesdays | Apr 9-May 21 (No class Apr 16) 6 Tuesdays | Jun 4-Jul 9 7:15-8:15 PM | Prescott | \$95 | Age 16+

Energize Pilates

Courtney Sowder

Energize Pilates is a 40-45 minute Pilates workout that builds on the Pilates principles. We will intensify essential mat work to build strength and endurance. It is a fastpaced class that will leave you tired, but feeling amazing. Familiarity with Pilates mat work is recommended. Props such as bands may be used in class and provided by the instructor.

6 Thursdays | Apr 11-May 23 (No class Apr 18) 7:15-8:15 PM | Prescott | \$95 | Age 16+

Beginner Mobility, Flexibility, and Strength Training

Tina Marcouillier

Join Tina Marcuillier for a beginner mobility, flexibility, and strength training program. You'll discover how to move better, improve bone density, increase muscle strength, and gain better mobility and balance. Research has shown that strength training has numerous benefits for our muscles, bones, brain, and mental health. Everyday tasks become easier, and our sense of well-being improves. If you've struggled to understand where you should begin or how to maintain consistent practice, this class is for you. *6 Fridays | Apr 12-May 24 (No class Apr 19) 4 Fridays | Jun 7-Jun 28 12:00-1:00 PM | Prescott | \$80-\$120 | Age 40+*





Nordic Walking

Gail Holland

We will be walking with unique Nordic poles on our beautiful local trails. Nordic walking boosts your cardio, plus the benefit of providing a full-body strength workout using 85 to 90% of the muscles you activate. The special poles are adjustable, shorter than ski or trekking poles, and secured with hand straps that allow you to propel forward. The poles and hand straps are helpful for stability and preventing falls. Gail will hold a training class at the beginning of each session on proper walking technique. 6 Tuesdays | Apr 9-May 21 (No class Apr 16) 9:30-10:30 AM | Groton Trails | \$90 6-Sessions \$15 Individual | Age 18+

Dance



Shake Your Soul[®]: The Energy of Dance Deb Busser

Want to free your inner dancer? Not a dancer but you love to dance? Shake Your Soul® will allow you to move, groove and get creative in a fun, open and supportive environment with different types of music to inspire you. Get a workout at your own pace and rediscover how fun it can be to move your body to great music! *4 Mondays |Apr 22-May 20 (No class May 13) | \$50 3 Mondays | Jun 3-Jun 24 (No class Jun 10) | \$37.50*

10:00-10:45 AM | Prescott | Individual Class \$15 | Age 18+

Zumba®

Wendy Wells Rimbach

Zumba[®] is perfect for everybody and every body! Zumba[®] is a total workout with interval low-intensity and high-intensity moves that combine all elements of fitness – cardio, muscle conditioning, balance, flexibility, and boosted energy. A great fitness class without thinking about working out!

5 Wednesdays | Apr 10-May 15 (No class Apr 17) 6:00-7:00 PM | Prescott | \$75 | Age 16+

Dance Jam

Cara Famighette

Suitable for all fitness levels, Dance Jam is a judgmentfree, body-positive class guaranteed to pump your heart while having fun. Simple, aerobic dance moves set to high-energy pop and hip-hop hits are a great way to get your sweat on. The instructor tailors the class to all dance experience levels. Beginners and experienced dancers are welcome. Curious? Give it a try!

Evening | 6 Tuesdays | May 7-Jun 11 | 6:00-7:00 PM Morning | 6 Thursdays | May 9-Jun 13 | 9:30-10:30 AM Prescott | \$90 | Age 16+

Bollywood Dance Fitness

Shikha Vashishtha

In this dance cardio session we will be sweating and smiling through the classics and chartbusters of Bollywood movie songs in several languages. This cardio session is a fusion of various dance styles including classical Indian dances such as Bharatanatyam and Kathak, as well as have elements of folk dances like Bhangra/Garba, jazz, hip-hop, and modern dance. It has become a popular form of exercise and recreation, for people of all ages and backgrounds to learn and enjoy. 5 Mondays | Apr22-May 20 | 6:30-7:30 PM 5 Wednesdays | Apr 24-May 22 | 6:00-7:00 PM Prescott | \$75 | Age 13+

Line Dance

Michelle Wright

Come and learn the basics of Line Dance and some super fun dances! You don't need any experience to join. Have two left feet? No worries! Never line danced? Not a problem. It's just a great time with good music! We dance to a mix of music like country, pop, oldies, and R&B. We will dance in a line with other dancers, making it excellent for someone without a partner. Great fun for all ages!

Friday | May 3 Friday | Jun 7

6:30-8:30 PM | Prescott | \$15 | All Ages

Sport



Learn to Play Pickleball

Sue Adams

Pickleball is social and fun! This class is geared for the player who wants to learn the game and all of its rules. Each week, the focus will shift to a different element of the game. During each class there will be instruction, player development skills and drills and game play. The expectation when you signup is that you will attend all 3 weeks of the session.

3 Tuesdays | Apr 16-Apr 30 3 Tuesdays | May 7-May 21 10:30 AM-12:00 PM | Prescott | \$100 | Age 18+

Pickleball Open Play for Intermediate Players

Open play for intermediate players! Players must register in advance. No instructor on site. All players should bring their paddles and balls. Sneakers must be worn in the gym Play games and rotate players. If you are not sure what your level is, please consult with your instructor. Each session requires a minimum of 4 players and a maximum of 6 players. The session will be canceled if the minimum is not met.

Sundays | Apr 7-Apr 28 | 12:00-2:00 PM Sundays | May 5-May 26 | 1:00-3:00 PM Prescott | \$12 per session | Age 18+

Pickleball Open Play for Beginners

Open play for beginners! Prerequisite: Players have taken a learn-to-play pickleball class. Players must register in advance. No instructor on site. All players should bring their paddles and balls. Sneakers must be worn in the gym Play games and rotate players. Each session requires a minimum of 4 players and a maximum of 6 players. The session will be canceled if the minimum is not met.

Wednesdays | Apr 3-Apr 24 (No OP Apr 17) | 7:15-9:15 PM Wednesdays | May 1-May 29 | 7:15-9:15 PM Prescott | \$12 per session | Age 18+



FITNESS & DANCE

Yoga

Yin Yoga & Chill

Rachael Bielecki

This is a hybrid Yin Yoga and Restorative Yoga class. Yin yoga is a slow-paced, passive type of yoga that incorporates long holds and deep breaths for a stretch that helps to release tension and increase flexibility and mobility. Restorative yoga is a restful practice that is all about slowing down and opening your body through passive stretching. Wednesdays | Monthly | 7:30-8:45 PM | Online \$45-\$75 | Age 18+

Gentle Yoga & Guided Relaxation

Rachael Bielecki

Guided relaxation (Yoga Nidra) is a systematic method of guided relaxation that has a profound effect on the body, mind and emotions. During the practice, you are guided through various stages of deeper relaxation, allowing the mind to become more relaxed and more receptive. The class begins with 20-25 minutes of gentle yoga and is followed by 35-40 minutes of guided relaxation. Students feel rested, relaxed, less stressed, and have a great night's sleep after practicing this yoga technique.

Mondays | Monthly (No class Feb 19) | 8:30-9:30 PM Online | \$45-\$60 | Age 18+

Pre and Postnatal Yoga for Pelvic Floor Health Workshop

Emma Brown

This workshop is excellent for ladies who are expecting or recently postpartum and who have questions about best practices during and after pregnancy regarding pelvic floor and abdominal function. We will start the workshop off with an info session. There will also be time for questions and answers at the end. Following the info session, we will have a 60-minute yoga movement practice to implement some of the best practices we've learned about. This will be a slow-flow class and accessible to all levels and abilities.

Sunday | Apr 21 | 4:00-6:00 PM | Prescott | \$35 | Age 18+

>> Don't forget to fill out your emergency contact information in your account and to notify your instructor of any health issues they should be aware of.

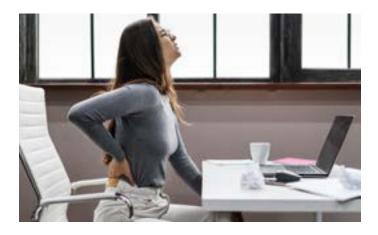


Parent & Me Yoga - Ages 0-3

Annie Masero

Bring your youngsters (ages 0-3) with you for a vinyasa flow sequence in a kid-friendly space! This class is designed for adults with little ones (ages 0-3) who would like to fit in some yoga during their busy day. We flow short and sweet sequences with gentle music, breaks for short ukulele tunes, mini yoga-themed activities, and partner pose options. The goal is to keep children engaged when they're interested but largely allow them to choose their involvement. The off mat expressions are encouraged. Great opportunity to meet other local young families.

4 Sundays | Apr 21-May 12 4 Sundays | May 19-Jun 16 (No class May 26) 9:30-10:15 AM | Prescott | \$72 | Age 0-3



Yoga for Back Care

Emma Brown

Our modern day society is full of sitting! Our bodies weren't designed for all of this sitting, and it can take a real toll on our structural alignment. This course is designed to equip you with the tools you need to develop a healthy back care routine. We will start each class discussing the WHY of each module, including handouts with related poses. We will then delve into the HOW through our yoga practice, and poses to take home and use. You will leave this 6 week series armed with the skills you need to incorporate a back care routine into your everyday life, and live a back pain free life! 6 Wednesdays | Apr 24-May 29 | 5:30-6:45 PM Prescott | \$120 | Age 16+

HEALTH & WELLNESS



Supporting Your Loved Ones Who Are Transgender or Non-Binary

Li Kynvi

We will come together as people who love someone who may be questioning their gender, entering into a transitioning process, or living as a trans/non-binary person. When our beloveds transition, we go through a process, too. Through sharing personal experiences and feelings, group members will have the opportunity to offer support, encouragement, and comfort to each other, and receive the same in return. Note: This is NOT a group for loved ones who wish to stop, interrupt, or undermine the transitioning process.

4 Saturdays | Apr 13-May 4 | 9:30-11:00 AM | Prescott \$50 | Age 12+

Adult, Child & Infant CPR with AED and First Aid Kierstin Pane

This intensive three-hour course covers adult/child CPR and AED, adult/child/infant choking, and infant CPR. Following the course, you will be comfortable assessing a victim, checking for breathing, performing rescue breaths and chest compressions, and activating the emergency response system. You will also learn how to help someone who is choking, respond in other emergency situations, and use an AED. A course completion card good for two years will be emailed to participants following the course. *Thursday | May 23 | 6:00-9:00 PM | Prescott \$104 | Age 16+*





PRESCOTT COMMUNITY EVENT

Cannabis: A Community Conversation

Join us for a FREE panel discussion about the Cannabis Industry in our Community. Join our panel of cannabis, medical, and community safety experts to discuss:

- Introduction to the basics of cannabis and hemp
- An overview of medical uses, health effects, risks, recreational use AKA "adult use", and impacts on youth
- Social impacts of the Cannabis industry.
- A quick dive into the history, present, and future of cannabis culture both in the US and globally
- Then we will finish with Q&A.

Saturday | Apr 6 | 2:00-4:00 PM | Prescott FREE (Registration Required) | Age 21+

NATURE & OUTDOORS

Spring Bird Migration

Spring bird migration is one of nature's greatest annual journeys. Billions of migratory birds leave their wintering grounds and travel to their northern home for food and breeding. Some make a brief stop in New England before flying farther north and some raise their young here. Scott Wilson, an avid birder and guide, will offer four guided walks to observe these migrating birds as spring unfolds. *Guided Walk | Friday | May 10 | 5:00-7:00 PM Guided Walk | Saturday | May 25 | 8:00-10:00 AM Off-Site | \$15 per walk | Age 16+*



Moth Night!

Tom Murray

On a typical night in late Spring, there could be anywhere from 50 to 150 species of moths plus maybe another 50 other insects such as beetles, flies, leafhoppers, and more in Tom's yard. Tom Murray, author of "Insects of New England and New York", will set up two moth sheets lit with mercury vapor lights to observe whatever moths and other insects come to visit that night. Weather plays an important role in how many bugs show up. A warm humid calm night is best. The moth night starts when it gets dark and can end at midnight or later.

Saturday | Jun 22 | 8:30-11:00 PM | Off-Site | \$15 Age 14+ Free Age 10-13 | Age 10+





Introduction to Fly Fishing for Beginners Steve Brunelle

Join this two-part class for beginners to learn the basic Fly Fishing fundamentals and techniques, to foster a lifelong appreciation for nature and angling. Whether you currently spin fish or have never fished, this course is designed to take the mystery out of fly fishing and provide you with the confidence and knowledge to start fly fishing. The first class will be an indoor session to cover all the basics of getting started, including rod and reel selection, flies, and some basic entomology with a focus on trout. The second class will be an outdoor session, where you'll learn the basics of fly casting with some hands-on demonstration and practice. *2 Days | Tuesday | Apr 23 | 7:00-8:30 PM*

Prescott | \$50| Age 18+



Bugs Among Us Tom Murray

We'll start by explaining how to tell an insect from other bugs (spiders, pillbugs, centipedes, millipedes, etc). Then the instructor will demonstrate different methods of catching bugs (sweep net, beating sheet, sifting leaf litter, and a kick net for aquatic insects) and methods not involving equipment like looking under logs, on flowers, on tree trunks, and more. Come and join us to learn about these wondrous creatures and their important role in our ecosystem.

Saturday | Jun 22 | 2:00-4:00 PM | Off-Site | \$15 | Age 6+

GAMES & RECREATION

Beginners Chess

Lawrence Herbert

This 6-week class teaches the very beginner basics into a beginner-intermediate class. You will learn the names of pieces, how to set up the chess board, move the pieces, how to capture the pieces, check, and checkmate. We will study the chess rules: en passant, castling, queening, etc. We will explore the simple tactics: fork, pin, and discovered Check. The class will also learn sheck out the simple opening theory, middle games, and end games, how to use the chess clock and read/write chess notation. A portion of the beginner's class, to practice what you have learned, is dedicated to playing each other. About the 3rd class in the course, we start teaching tactics and strategies. *6 Saturdays | Apr 6-May18 (No class Apr 13) 9:30-10:45 AM | Prescott | \$140 | Age 6+*





Game Night for Twenty-Somethings Jonah Krampitz

Join us at Prescott for an in-person meetup for twentysomethings with a passion for gaming. In the online space, the ability to socially connect with others is slowly becoming more rare. Game Night is a chance for people to find a common connection. These games can range from board games, video games, card games, party games to anything that has that gaming spirit. Come grab a slice of pizza and hang out with other like-minded folks. Snacks and water will be provided for a fun evening of game play. *3 Fridays | Apr 19, May 17, Jun 14 | 7:00-9:00 PM Prescott | \$8 per Friday | Age 18-30*

CURRENT EVENTS

Geopolitical Roundtable: A Closer Look at Significant Issues and Events in Geopolitics Today Bruce Kukauskas

MG(Ret) Zukauskas will lead and facilitate a roundtable discussion on significant geopolitical issues and events occurring in today's complex world in order to provide a forum for a better understanding of world events and a means to discuss and learn about different viewpoints on world affairs. General Zukauskas will select his "Top 3 Issues/Events of the Day" prior to each session and will provide 20 mins of background information to help attendees better understand the topics. A roundtable discussion will immediately follow.

Tuesday | Apr 30 | 7:00-9:00 PM | Prescott | \$15 | Age 15+



Immigrants, Refugees and Asylum Seekers David Blair

This interactive class will explore the history of immigration in the US and the current picture of immigration in this country. We will focus on the special challenges faced by refugees and asylum seekers. David will share the work of Project Home in NH's Monadnock Region as one model for supporting asylum seekers transitioning into productive lives in the US. *Wednesday | Apr 3 | 7:00-9:00 PM | Prescott | \$20 Age 18+*

HOME & GARDEN

Pollinator Garden

Trevor Smith

Pollinator gardens are about a lot more than bees and butterflies. Regenerative landscape designer Trevor Smith will explain everything we need to know when designing and planting a pollinator garden. Beyond providing sustenance for our six-legged friends, Trevor will also explain how your garden rebuilds the local ecosystem and creates climate resilience. Start planning your spring garden with pollinators in mind.

Thursday | May 9 | 7:00-8:30 PM | Prescott | \$40 | Age 18+



Clear the Clutter without Filling your Trash Bin *Elizabeth Sawyer*

This workshop will supply many options for rehoming and recycling your unwanted stuff. We will start with highlighting regional options for donating and recycling items "beyond the bin/transfer station." Next we'll focus on strategies for safely and effectively tapping into Marketplace and Craigslist. The focus will be on donating vs selling. Lastly, we will leverage the group to share additional tips and brainstorm solutions for unique "rehoming" needs. *Thursday | Apr 25 | 7:00-8:30 PM | Prescott | \$20 | Age 14+*



The Secret to Raised Garden Beds *Trevor Smith*

Join us to learn the secrets to growing nutritious and delicious vegetables in a raised garden bed! Trevor Smith, Weston Nurseries' Design and Education Manager, believes raised beds are more pest resistant, weed resistant, easier on the body, and easier to control and maintain the soil quality. All of the nutrients in our vegetables come from the soil. The key to a successful long-term raised bed growing is to create a soil that mimics nature and fosters all the beneficial soil life and function that plants need to pack their leaves and fruits with all the nutrients and polyphenols that are key to your health. Join us as Trevor unpacks all this information and jumpstarts spring gardening.

Thursday | Apr 4 | 7:00-8:30 PM | Prescott | \$40 Age 18+

TRAVEL & LANGUAGE



Bonjour Les Amis! French for Adults Katy Niose

Students will learn French conversational skills, grammar, usage, and mechanics, while learning to solve translations and honing their pronunciation and dictionary skills. Students will be learning French interactively and naturally, through Total Physical Response. We will be using music, international signs, and games during class. Students will learn basic greeting vocabulary, common expressions and commands, items, numbers, and so much more. 6 Wednesdays | Apr 3-May 15 (No class Apr 17) 10:30 AM-12:30 PM | Prescott | \$200 | Age 18+

HISTORY & CULTURE



Make Zongzi to Celebrate the Chinese Dragon Boat Festival

Wanfang Murray

The Dragon Boat Festival, is a traditional Chinese holiday which occurs on the fifth day of the fifth month of the Chinese calendar. The holiday is celebrated by holding dragon boat races and eating sticky rice dumplings called zongzi. In this class, we will make and enjoy this traditional food together. You may build a dragon boat on the Groton Riverfest on June 9th!

Saturday | Jun 8 | 3:00-5:00 PM | Prescott | \$25 Age 14+ \$10 Age 5-13 | Material fee \$10 | Age 5+

Walking Tour: Gibbet Hill and Bancroft's Castle

Joshua Vollmar

Visit Gibbet Hill, a landmark since the town of Groton was founded in 1655. This walking tour will travel from Prescott to the top of the hill and back, focusing on the role of the hill in town history and the story of William Amos Bancroft, who built the castle upon it. Participants will meet at the Precott Community Center and walk to Gibbet Hill.

Saturday | May 4 | 10:30 AM-12:00 PM Prescott/Offsite | \$20 | Age 9+

Walking Tour: The Storied Architecture of Groton Center Joshua Vollmar

Elegant mansions, stately churches, and one of America's oldest houses distinguish Groton center. Learn about the town's history through its buildings in this walking tour which travels up Main Street and Hollis Street from Prescott.

Saturday | Jun 8 | 10:30 AM-12:00 PM | Prescott/Offsite \$20 | Age 9+

Walking Tour: Courts and Coaches

Joshua Vollmar

Hear the story of Groton's time as a destination in the early 1800s. This walking tour will travel from Prescott Community Center down Main Street to Old Ayer Road and back, focusing on Groton's prominence during the stagecoach days, and the legacy those times left in the town, including Lawrence Academy. Participants will meet at the Prescott Community Center.

Saturday | May 11 | 10:30 AM-12:00 PM | Prescott/ Offsite | \$20 | Age 9+

Walking Tour: Estates of Farmers Row Joshua Vollmar

A century ago, Farmers Row was Groton's "millionaires' row." See the grand estates that define this distinguished road and hear about their colorful occupants on this walking tour. We will meet at the at the Groton Fire Department parking lot.

Saturday | Jun 1 | 10:30 AM-12:00 PM | Offsite | \$20 Age 9+



The Seasons of Japan

Wendy Dodek

Since ancient times, Japan has been a nation enamored with the beauty of the seasons. This reverence for nature is reflected in Japanese art and poetry and even the country's daily life. Every fall the colorful leaves are celebrated with leaf-shaped treats. In March, plum blossoms are celebrated in social events. Even in technology-driven modern Japan, so much of everyday life still revolves around the foods, the flowers and the festivals that fill the year. Experience a calendar year in Japan with images and stories, from New Year's Day to the ringing of temple bells in the final moments of Dec 31. *Tuesday | May 7| 7:00-8:30 PM | Online | \$20 | Age 16+*



Do You Think You Know About Vodka?

Miguel Salguero

The world of vodka is very complex and diverse. Even though the name vodka is a diminutive of the Russian voda ("water"), the origins of the liquor are a matter of debate. While the mystery is still being revealed, we will have fun learning how to properly make popular vodka cocktails. You can then use that knowledge to make exciting vodka cocktails at home.

Friday | Aug 16 | 7:00-8:30 PM | Prescott | \$40 Material Fee \$7 | Age 21+

Tequila... Y Más!

Miguel Salguero

You want mas? We got it! Miguel Salguero, an expert mixologist who bartends at Gibbet Hill, will talk about the source and history of the drink and teach participants to make perfect tequila drinks. We'll learn to make a Mayan Mule, Paloma, and a Spicy and Smoke Margarita. Miquel will offer other cocktails for returning students to create. *Friday* | Jul 26 | 7:00-8:30 PM | Prescott | \$40 Material Fee \$7 | Age 21+



Gin and its Botanicals

Miguel Salguero

Gin is a very complicated spirit, not by its taste but by category. The mixologist, Miguel Salguero, will give us a tour of how gin has developed its own deserved place in the liquor industry, with the addition of juniper berries and an endless array of other botanicals like spices or herbs. Come and explore the taste of gin, from the basics to the most modern styles. The reason people say they don't like gin is because they haven't found their gin yet. Get ready for a new love!

Friday | Apr 26 | 7:00-8:30 PM | Prescott | \$40 Material Fee \$7 | Age 21+



Craft Beer Tasting at Spyglass Brewing Company

Spyglass Brewing Company

Join us at Spyglass Brewing on an exciting brewery tour and beer-tasting adventure where you'll delve into the fascinating world of craft beer. We'll start in the brewery where hops, malt, water, and yeast converge to make beer! Learn about the brewing process, from grain to glass, with Spyglass owner John. Then, indulge in a guided tasting session, where you'll sample a selection of beers, from crisp lagers to hazy juicy IPAs, experiencing the full spectrum of flavors and aromas that define Spyglass's brews.

Thursday | Apr 11 | 6:30-8:30 PM | Offsite | \$25 Age 21+

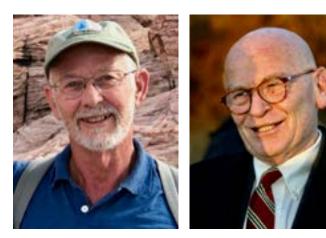
The Wonders of Rum

Miguel Salguero

Learn about rum's diverse culture and origins! Rum is among the most popular spirits in the world and a favorite among bar staff for its versatility and wide range of flavor profiles. Whether you're creating a dry and clean drink or a sweet one with a bit of spice, there's a rum out there for you. Miguel Salguero, an expert mixologist at Gibbet Hill Grill, will dive into rum's diverse backgrounds, what makes rum 'rum,' the brands, and how to make cocktails with three different types of rum (Bacardi Silver, Kraken Dark rum, and Flor de Cana amber or aged rum)! The class will give the opportunity to learn, engage, and socialize. *Friday | Jun 21 | 7:00-8:30 PM | Prescott | \$40 Material Fee \$7 | Age 21+*

Check out our History & Culture section for cultural food experiences.
Coming up: Make Zongzi (sticky rice dumplings) to Celebrate the Chinese Dragon Boat Festival. Yum!

COMMUNITY



Local Luminaries - Bob Collins and Bob Pine Bob Pine and Bob Collins have collaborated over the years to create the residential landscape of Groton. The current zoning laws and municipal practices for development are in place mainly due to their efforts. Come hear how over 40 years these two men slowly and surely used their professional and civic skills to determine our Town's past and secure its environmental future.

Sunday | Apr 7 | 2:00-4:00 PM | Prescott | \$20 | Age 18+

 >> Visit the Health & Wellness page to learn more about our upcoming community panel discussion on
Cannabis: A Community Conversation.

PRESCOTT COMMUNITY EVENT



Open Mic Night

Join Prescott the 2nd Friday of the month for Open Mic Night. Musicians, poets, comics, magicians, singers and local performers welcome. Sign up at the welcome table upon arrival for your performance time slot (sign-up begins at 6:30 PM). Beer, wine, refreshments, pizza and popcorn available. Come play or listen! A fun and entertaining night out! Anyone attending under age 18 must be accompanied by an adult. 2nd Friday of the Month | FREE Admission

Doors Open & Sign-Up Begins 6:30 PM Prescott Community Room (Downstairs)

FAMILY FUN

Spring-Themed Family Paint Night

Claudia Owens

Join us for a night of creativity, chatter, and time with family or friends as we come together to paint a canvas! These are acrylic paintings on canvas and as we work through the painting process, participants will learn painting and brushwork techniques. There will also be opportunities for participants to add their own artistic flair. This workshop is suitable for kids and adults of all artistic abilities.

Friday | Apr 5 | 5:30-7:30 PM | Prescott \$30 for 1 adult, 1 child, 1 material kit | Age 5+



Prescott COMMUNITY CENTER

CHILDREN'S PROGRAMMING!

Children's Programs

Summer Fun Programs Half-Day Programs ALL Summer Long

Going Places Summer Fun Program A weekly themed program where you can pick and choose the weeks YOU want!

Be sure to register early to gurantee your spot and to ensure we meet the minimum number of participants to run the class or program. Decisions to run the class are determined 5-7 days prior to the start date.

CHILDREN'S PROGRAMS

Messy Makers: Sensory Play for Ages 1-5

Elizabeth MacEwen & Christin Magliozzi

Participants in this 4-day adventure will enjoy the wholesome fun of sensory exploration. Youngsters and their caregivers will have the opportunity to get their hands messy with various materials. Participants may want to bring a change of clothes.

4 Fridays | Apr 5-May 3 (No class Apr 19) 4 Fridays | May 10-May 31 9:30-10:30 AM | Prescott | \$70 1st Child | \$40 2nd Child Material fee \$10 per child | Age 1-5

Recreational Coed Volleyball for Ages 9-13

Patrick Gendron

Recreational Volleyball is a fun way for your child to learn and develop their volleyball skills. Students will learn the basic fundamental skills of volleyball: serving, passing, setting, hitting/spiking, blocking, etc. Players will participate in various learning activities and fun skillbuilding challenges and games.

5 Tuesdays | Apr 30-May 28 | 3:30-4:30 PM | Prescott \$90 | Age 9-13

Archery - Ages 8-13

Patrick Gendron

Patrick Gendron, a certified Archery instructor, will teach the proper archery range procedures, safety, and how to shoot a bow and arrow through a step-by-step approach in a fun and safe environment.

3 Days | Tuesday-Thursday | Jun 4-Jun 6 3 Days | Tuesday-Thursday | Jun 11-Jun 13 4:15-5:45 PM | Prescott | \$75 | Age 8-13

Art Studio for Kids - Ages 6+

Robert Clark

Children will choose to create using traditional mediums or digital with instructor, Robert Clark, in the Prescott Art Studio for Kids! Robert Clark will work with individuals to improve their skills in their medium of choice, like pencil, digital software, watercolor, markers, pastels, etc. Children will learn to use the arts to develop characters and stories. All levels are welcome. Registrants are required to bring their own art materials. *6 Saturdays | May 4-Jun 8 | 2:00-4:00 PM | Prescott \$100 | Age 6+*

Digital SAT Bootcamp - Grades 9-12

Bethany Carlson

The SAT has gone digital, and the questions have changed significantly. This intensive four-day course is designed to prepare the students for the new format and lessen test-anxiety. Students will leave with an understanding of the test question types and a personalized plan for raising their SAT scores.

Saturday | Sep 7-Sep 28 | 10:00 AM-12:00 PM | Prescott \$200 | Grades 9-12

Music Improv Fun - Ages 5+

Scherzo Music Club

Join us for a musical treat! The Scherzo Music Club of Groton School is offering a Musical Improvisation Workshop at Prescott! Dr. Lanier and the musicians will start a Jazz combo with a melody and rhythm through singing, instruments, and a tapping beat. The attendees can bring their instruments or use whatever is available in the room to Improv and share the experience. Grab your friends and family and join us for some musical fun! Fun for all ages!

Sunday | May 26 | 11:00 AM-12:00 PM | Prescott Free | Age 5+

GDRSD Early Release Programming for Ages 6-9

Snapology: STEM, LEGOS, ROBOTICS, & MORE! - Ages 6-9

Snapology

Build away with friends on early releases at Prescott! With dozens of programs to choose from, there's something for everyone. From fun, themed programs using LEGO® bricks to STEM/ STEAM programs, Robotics, Movie-Making, and Amusement Park Engineering, your children will be engaged from the minute they walk in the door. Each session will include two project activities with a 20-minute break in between. Students can bring their lunch and drinks to Prescott at 12:30 PM before the class or arrive at the class at 1:00 PM. *Animation Studio Workshop | Friday | May 10 Responsive Robotics Workshop | Friday | May 17*

Scientists | Tuesday | Jun 11 12:30-3:30 | Prescott | \$45 per class | Age 6-9

SUMMER FUN PROGRAMMING

Half-Day Programs ALL Summer Long

Pick & Choose the Classes You Want! Must register in advance.

Kindergarten Tennis - Learn to Play - Ages 5-6

Sue Adams

Kindergarten Tennis for ages 5 & 6! Tennis is fun! In this class, students will be taught tennis fundamentals in small groups, getting the attention they need to develop their hand/eye coordination. This will be done through instruction and fun games.

3 Wednesdays | Jun 19-Jul 3 | 1:00-2:30 PM Prescott | \$75 | Age 5-6



Kindergarten Tennis - Drill & Play - Ages 5-6 Sue Adams

Kindergarten Tennis Drill & Play for ages 5 & 6! This class is designed for the player who has already taken the Kindergarten Tennis Learn to Play class. Drill & Play will focus on improving their skills and reinforcing what they have already learned in the Learn to Play class. This will be done through instruction, drills, & fun games. 2 Wednesdays | Jul 31-Aug 7 | 1:00-2:30 PM Prescott | \$50 | Age 5-6

Junior Pickleball - Learn to Play - Grades 1 & 2

Sue Adams

Junior Pickleball Lesson for Grades 1 & 2! Students will be taught Pickleball fundamentals through skills and games. Students must register by May 24, 2024. Adults must accompany students aged 10 or under. Adults can wait in the lobby when the class is in session.

3 Wednesdays | Jul 10- Jul 24 | 1:00-2:30 PM Prescott | \$90 | Grades 1 & 2

Junior Pickleball - Drill & Play - Grades 1 & 2

Sue Adams

This class is designed for the player who has taken the Learn to Play class. The Drill & Play class will focus on improving their skills and reinforcing what they have already learned in the Learn to Play class. This will be done through instruction, drills, & fun games. 2 Wednesdays | Aug 14-21 | 1:00-2:30 PM Prescott | \$60 | Grades 1 & 2

Multi-Sport Summer Program - Ages 6-9

Patrick Gendron

Pick and choose the classes you want! Have a kid who loves to move? Just want your little one to be active in a safe and well-coached environment? At the Kids Multi-Sport Summer Program we facilitate the essential elements of success in many different sports and activities. The instruction emphasizes both skill-specific and team play. The program will focus on fundamentals, skills, and overall rules of each game including Volleyball, Football, Soccer, Ultimate Frisbee, Disc Golf, and more! Sessions will include a combination of skill focus and game-play periods. Participants will learn more than just sports at the program. They are taught about teamwork, resiliency, self-discipline, and the importance of making good decisions. Play Safe, Play Fair, and Have Fun! Tuesdays | Jul 9-Aug 13 | 9:00 AM-12:00 PM Fridays | Jul 12-Aug 16 | 9:00-12:00 PM Prescott | \$45 for individual class | Age 6-9



Multi-Sport Summer Program - Ages 10-13

Patrick Gendron

Pick and choose the classes you want! Have a kid who loves to move? Does your child want to explore different style games and sports without committing to a full season? At the Kids Multi-Sport Summer Program we facilitate the essential elements of success in many different sports and activities. The instruction emphasizes both skill-specific and team play. The program will focus on fundamentals, skills, and overall rules of each game including Volleyball, Football, Soccer, Ultimate Frisbee, Disc Golf, and more! Sessions will include a combination of skill focus and game-play periods. Participants will learn more than just sports at the program. They are taught about teamwork, resiliency, self-discipline, and the importance of making good decisions.

Tuesdays | Jul 9-Aug 13 | 12:30-3:30 PM Fridays | Jul 12-Aug 16 | 12:30-3:30 PM Prescott | \$45 for individual class | Age 10-13



Canvas Painting - Ages 8-14

Claudia Owens

In this workshop, students will create an 11x14 canvas painting with a summer-inspired theme. We will paint together step by step, learning, and practicing acrylic painting techniques. Students will have opportunities to create their flair and details. All materials are provided. *Wednesday | Jun 26 | 10:00 AM-12:00 PM Wednesday | Aug 7 | 10:00 AM-12:00 PM Prescott | \$45 | Material fee \$5 | Age 8-14*



Hand Sewing Workshop - Create Your Very Own Stuffed Animals - Ages 9-14

Claudia Owens

In this workshop, students will create their own felt stuffy by working with a premade design. They will then make alterations to create new patterns to cut out felt pieces. Students will learn hand-sewing stitching techniques to sew and add details to their stuffy.

Wednesday | Aug 14 | 9:30 AM-12:30 PM Prescott | \$45 | Material fee \$5 | Age 9-14

Digital Illustration and Animation with Procreate - Ages 9-14

Robert Clark

Students will learn how to use Procreate to craft and illustrate original characters. They'll turn their illustrations into animations to create a comic or tell a story. Your child will learn to bring their illustrated characters to life! How cool is that? An iPad with a downloaded Procreate app and an Apple (or similar) pencil is recommended for students who want to create digital illustrations with Procreate.

Monday-Thursday | Jul 29-Aug 1 Monday-Thursday | Aug 12-Aug 15 9:00 AM-12:00 PM | Prescott | \$45 | Age 9-14

Pottery Fun! - Ages 9-14

Virginia Wood

Join us for some pottery making fun this Summer! The class will meet on Monday, July 22 and Wednesday, July 24, from 9:00 AM to 12:00 PM. You will learn basic hand building, wheel throwing and surface decorating techniques while creating a mug and plate of your own design. You'll then choose from hundreds of glaze combinations and glaze your pieces to be fired. The fully functional (durable, waterproof, food-safe) pottery will be ready for pickup on Friday, July 26.

2-Days | Monday & Wednesday | Jul 22-Jul 24 9:00 AM-12:00 PM | Prescott | \$100 | Age 9-14



SUMMER FUN PROGRAMMING

Half-Day Programs ALL Summer Long

Pick & Choose the Classes You Want! Must register in advance.



3D Design & Printing for Kids- Ages 9-13 Code Wiz

As part of this program, you will learn everything you need to know to design and 3D print your own creations! You'll learn TinkerCAD, an awesome 3D modeling program, to design just about anything. You won't just get to design, we'll print out your favorite creation to take home!

Tuesday-Wednesday | Jul 16- Jul 17 Tuesday-Wednesday | Aug 6-Aug 7 9:00 AM-12:00 PM | Prescott | \$90 | Age 9-13

Media Production Summer - Ages 9-13

Paul Sarapas

Spend your vacation exploring a variety of options in media production which includes working with video, sound, music, and photography! Working in small groups, students will learn the basics of visual storytelling through activities that explore both theory and practice. Activities include games such as visual dominoes and practical exercises such as video, audio, or photo scavenger hunts. Students will be provided with a range of options to create a presentation of their group's choice and collaborate in story development from planning, rehearsal, and recording. They will pull it all together by editing and fine tuning their work to have a finished product to share and critique with their classmates. *3-Days | Monday-Wednesday| Jul 8-Jul 10 9:00 AM-1:00 PM | Prescott | \$180 | Age 9-13*

Digital SAT Summer Bootcamp - Grades 9-12

Bethany Carlson

The SAT has gone digital, and the questions have changed significantly. This intensive four-day course is designed to prepare the students for the new format and lessen test-anxiety. Students will leave with an understanding of the test question types and a personalized plan for raising their SAT scores.

4-Days | Monday-Thursday | Aug 12-Aug 15 6:00-8:00 PM | Prescott | \$200 | Grades 9-12



Snapology: SUMMER STEM, LEGOS, ROBOTICS, & MORE! - Ages 6-9

Snapology

Pick and choose the classes you want! Build away with friends at Prescott! From fun, themed programs using LEGO® bricks to STEM / STEAM programs, Robotics, Movie-Making, and Drones, your children will be engaged from the minute they walk in the door. Join us Thursday mornings this Summer for AttackBots, Amusement Park Engineering, Robot Olympics, Mega Machines Robotics, Brick City & Mini-Figure Mania, GameBots Robotics, and Animation Studio.

Thursdays | Jul 11-Aug 22 | 9:00 AM-12:00 PM Prescott | \$45 for individual class | Age 6-9

>> All Kid's Summer Fun Programs are drop-off programs meaning a parent or guardian is NOT required to stay for the class. Be sure to sign your child up AT LEAST one week in advance to ensure their spot and to allow the instructor time to prepare!

GOING PLACES SUMMER FUN PROGRAM

PRESCOTT COMMUNITY CENTER'S

1st-4th Grade | Monday-Friday 9am-3pm 6 Weeks: July 8th-August 16th | **\$275 per week**

Pick & Choose the Weeks YOU Want!

Join us for weekly Summer Fun! Inspired by characters in the book *Going Places*, campers are immersed in real world challenges and hands-on fun. With a new and exciting theme each week, campers will work together to create, imagine, build, and explore. All while building friendships and having some **major summer fun!**

July 8-July 12: The Great Race!

This week, campers collaborate and using teamwork and their imaginations compete to create the most amazing and imaginative toy go-cart anyone has ever seen. We engineer unique racers, learn about propulsion, experiment with simple machines and design a challenging racecourse for their special speed racers!

July 15-July 19: Krazy Kinetic Parade!

This week, campers create a kinetic energy float using wind, solar, gravity or pedal power. How do they do that?! Join us as we team up and power onward in our kinetic parade float and celebrate at week's end with a parade!

July 22-July 26: Animal Adoption Match-up!

This week, campers build an app that matches cute shelter animals to loving families. Campers use the power of imagination to merge the world of pet care with the tools of technology. I-Pads and all technology provided.

July 29-Aug 2: Lights On!

Campers create solar powered lamps after learning about a community who has lost its electricity in a storm. Campers investigate alternative forms of energy and have some fun with the sun. Creative problem solving and fun on the field come together to help others.

Aug 5-Aug 9: Ocean Rescue!

In Ocean Rescue, campers invent the PlasticSuperScooper3000 to extract hazardous trash from the ocean. Campers become marine biologists with a mission to protect the wildlife that lives in our oceans.

Aug 12-Aug 16: Take the Show on the Road!

In this week, campers design a movable theatre to put on plays. Campers write, direct, choreograph, stage and promote our own productions. We also design and build a scale theatrical set model like the pros. The week culminates in a theatrical presentation.

INFORMATION & POLICIES

>> Class Location & Instructors

All classes to be held at the Prescott Community Center, 145 Main Street, unless otherwise noted in the class description. Most of our Instructors are independent contractors or volunteers; curriculum is their responsibility and learning rests with the instructor and students.

>> Holidays, Cancellations, & Make-Up Classes

Classes are not held on legal holidays except where noted. PCC reserves the right to cancel any course with insufficient enrollment within 3 days prior to the first date of the class. In the event of a class cancellation or make-up class we notify participants using phone numbers or emails provided to us. To avoid cancellations, we urge you to sign up for classes 7 days before the start date of a class.

>> Class Withdrawls & Refund Policy

- A refund of the fee less a 10% processing fee will be given if you withdraw 3 or more days prior to the start of the class.
- No refunds will be given if you withdraw 2 days or fewer before the class starts.
- Full refunds will be given for any class that is canceled due to low enrollment.
- We will do our best to schedule make-up sessions when weather forces us to cancel classes.

>> Snow Days

• The Prescott Community Center follows the Groton Dunstable schools weather cancellation schedule. Prescott will inform students and instructors as far ahead as possible via email, social media, a recording on our office voice mail (978-877-6933) and the PCC website (prescottscc.org) of weather- related closings.

- We care about your safety and should the weather preclude attendance, contact the office at 978-877-6933 prior to the class. Notifications after the class has taken place will not be eligible for a credit/refund.
- We will work with students who can't attend a make-up class on a case-by-case basis to offer an equitable solution.
- In all cases, students may consider applying the cost of the class to a tax-deductible donation to Prescott.

>> Special Needs

Prescott Community Center is universally accessible. We are committed to serving the needs and interests of everyone in the community-adults, children, seniors and individuals with disabilities. If you need special accommodations, please email the office at connectwithus@prescottscc.org or call 978-877-6933.